



*Town of Waterford Community Senior Center  
125 Second Street  
518-235-8500*

*Senior Center Hours: Monday-Thursday 10am to 4pm*

The new Waterford Community Senior Center is open and many fun events have already taken place. The Waterford Seniors are there during the week and are always looking for new members. Stop by the Center to sign up and we hope you take the time to see the beautiful building and stunning outdoor patio.

Senior Activities include Bingo, cards, pool and more.

Wednesdays in May- Chair Yoga- 2pm-3pm fee \$4 Contact Waterford Seniors to register

Monthly Meetings of the Waterford Seniors are held on the third Tuesday of each month.



St. Patrick's luncheon March 21, 2017



Officer Mike Dilbone presents a SCAM Awareness seminar on April 18, 2017

The Town of Waterford provides van transportation on Monday - Thursday to doctor's appointments for seniors who are unable to arrange transportation otherwise. For more information about this service, contact Senior Center Director Marge "Mike" Mahoney at 235-8500.

***Upcoming Community Center Events:***

Thursday, June 1 from 6:00 to 7:30 pm - The Town of Waterford Community Center will host "The Mediterranean Diet," presented by Food and Nutrition Educator Diane Whitten. Program discusses the health benefits of following the Mediterranean diet and introduces the Mediterranean Food Pyramid and includes cooking demonstration. Participants will be treated to an enticing Mediterranean dessert. Registration required by signing up at Community Center, emailing LIZCAL13@gmail.com or calling 857-4156. Program is free.

If your organization is interested in hosting an event at the Community Center contact Georgia Wohnsen at 518-235-8184 or by email wohseng@town.waterford.ny.us. Please visit the Community Events calendar on the Town website for more events planned at the Community Center.